Lesson Plan for Top to Toe examination and Recovery Position

First Aid Elective – S2 – 20 pupils

9.15 – 10.05 (50mins)

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| Learning Intentions/lesson content | Brief description of content | Equipment required and time estimated |
| Set the scene – share learning intentions for Top to Toe and Recovery Position | By end of the lesson pupils will understand the Top to Toe secondary survey and be able to demonstrate after the Primary DRs ABC and before placing casualty into the Recovery Position | No equipment  May use the board to write learning intentions  Pupils require jotters (5mins) |
| Show the Top to Tow you tube link | Get pupils to recap what they think they saw on the white board | Internet access from YV website (5-10mins)  Use White board |
| Pupil demonstrations for Top to Toe | In pairs pupils will practice doing a top to toe survey on each other.  Teacher will ask questions to clarify learning as she circulates | In pairs or 3’s  Space to work.  (10-15mins)  Access to the Top to Toe word document |
| Discuss When to do the Top to Toe | As a class you will have to decide the best time to carry out the secondary survey | Whole class discussion  (5mins) |
| Pupil demonstrations for DRs ABC – secondary survey and recovery position | In 4’s demonstrate the primary survey, then the secondary survey before placing into the recovery position. Use the resource cards if necessary. | * In 4’s * Space * Resource cards (15mins) |
| The class crime scene challenge: creating the 1-10 phases of the recovery position | Class split into 2 halfs. First half are timed to create the correct order of events to create the recovery postion. | In 10’s  Stop watch  Ipad for photographs (10mins) |
| Progress to lesson 2 – CPR and agonal breathing | | |