Lesson Plan for CPR inc full explanation of Agonal Breathing

S2 First Aid Elective – 20 pupils

10.05 – 11.00 (55mins)

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| Learning Intentions/lesson content | Brief description of content | Equipment required and time estimated |
| Set the scene; | By the end of the lesson pupils will be able to explain the meaning of Agonal breathing and will be able to recognise whilst assessing their casualty. PUPILS WILL BE ABLE TO DEMONSTRATE HOW TO PERFORM CPR on a baby, child or adult.  | Pupils jottersAccess to the internet and websiteWhiteboard to write down LI’s if necessary. (5mins) |
| Pupils will investigate Agonal breathing and be able to describe what it is | Reading the webpage and watching the video linksPupils will be asked questions at the end. Class will come up with the ultimate definition to copy into their jotters. | Internet to webpage(10-15mins) |
| Pupils will demonstrate and peer assess their ability to carry out CPR on one of the 3 manequins | In 3 groups of 7 pupils will take turns carrying out CPR on the 3 mannequins. Peer assessment sheetNB – consider Agonal breathing, primary and secondary surveys. | 3 CPR mannequinsPeer assessment sheet x 20(25mins) |
| Team quiz | Pupils will answer questions related to today’s lesson and previous lessons. Scoring points for their team.  | 4 teams Team sheetsPens(10mins) |
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